

Resources List

Beaver Creek Visitors Center
(541) 563-6413
www.oregonstateparks.org/

Cape Perpetua Visitors Center
(541) 547-3289, www.fs.usda.gov/siuslaw

Port of Alsea
(541) 563-3872, www.portofalsea.com/

Seal Rock, www.sealrockor.com/

Waldport Visitors Center
& Alsea Bay Bridge Interpretive Center
(541) 563-2133
Chamber: www.waldport-chamber.com/
City: www.waldport.org/

Yachats Visitors Center
(541) 547-3530, (800) 929-0477
Chamber: www.yachats.org/
City: www.goyachats.com/



Photo Credit: Jerry Tiner

Cultural History

Alsi Indians lived along the coastal shore and forest where they gathered and hunted a rich supply of food and supplies that sustained their culture for 9,000 years. Despite brutal treatment in the last two centuries, they have preserved and reestablished their vital traditions.

Amanda's Trail near Yachats is a testament to this time of respect and collaboration. Please be respectful when visiting shell middens, debris from human activity of earlier times, south of Devil's Churn.

Roiling Pacific waters and dangerous rocks discouraged European sea explorers from landing. Eventually, Britain's Captain Cook identified coastal points and named Cape Perpetua after a saint.

Ultimately, Europeans were lured by timber. This rugged coast was a test for those who settled here. In the 1930s, explorers blazed the trails that became Scenic Highway 101. Today, let this unusual geographic location and unique history lure you into our towns and along our coastal and forest trails.



Photo courtesy of Yachats Trails Committee



Photo Credit: Bob Keller

An Interpretive Trails Map
SEAL ROCK · WALDPOR · YACHATS
CENTRAL OREGON COAST



Introduction to the South
Lincoln County Trails Guide

Three Villages, One Stoplight, Magnificent Trails

This map is your introductory guide to hiking, biking and paddling trails along an enchanting 20-mile stretch of the rural Oregon coast. It'll direct you to rocky coastal shorelines and long expanses of sandy beach, inland bays, rivers and estuaries, and on to forested coastal mountains and temperate old-growth rainforests. With trails ranging from wheelchair accessible to "difficult," there are opportunities for all members of your family.

Traveling along U.S. Highway 101, you'll pass through three coastal villages, Seal Rock, Waldport and Yachats. Stop to experience each village's distinct rural character and natural beauty. Enjoy the campgrounds, casual cottages, or luxury motels, and delight in the small shops, art galleries, cafes and restaurants.

It's time to pack your outdoor gear and head for the woods, or the shore, or the streams to experience these villages, and magnificent trails.

For additional information, refer to the Resources Listed inside.



Photo courtesy of TravelOregon.com

The Untamed, Magnificent Ocean

Despite its chill, the ocean gives us our mild climate year round. Its seasonal changes orchestrate patterns of fog, sunlight, and rain, and reshape the shoreline.

Some of the richest marine ecosystems in the world lie just offshore as kelp forest and rock reef habitat. A designated Marine Sanctuary preserves the natural splendor of these waters.

Grey whales are most abundant during winter and spring migration. Seabirds, including puffins, pigeon guillemot, and marbled murrelet, and shorebirds including brown pelican, sanderling, sandpipers and various gulls, cormorants, and sea ducks are drawn to these productive waters.

Dungeness crabs, chinook and coho salmon, rockfish, lingcod, and halibut are all common in offshore waters, estuaries and bays. Angle for tuna in the summer, and surf fish for perch and greenling off the rocks and along the coast's pristine sandy beaches. Walk, windsurf, crab, or watch the seals on the beaches on Alsea Bay.

Enjoy the ocean in all its colors and moods. Feel the salt spray and listen to the waves. And, for safety's sake, never turn your back to the sea.



Preserve Beauty and Diversity

Help protect our unique habitats by treating trails, the ecosystems, and the lives within them, with reverence. Practice Leave No Trace ethics and take all trash with you.

While wildlife viewing, the welfare of creatures and their environment must come first. Keep well away from nests, resting, display and feeding areas. Don't feed the animals. Don't pick flowers.

Avoid spreading seeds and help protect our forest's diversity. Introduced seeds grow into non-native species that eliminate diverse native plant and animal species. Use seed-free hay, and check your socks, bikes and horse's tails for hitchhiking seeds before you visit nature.

Get involved by picking up trash, volunteering on a trail project, becoming a member of your local trail organization, or donating to your favorite environmental cause. Take action and get involved!

The Shore: A Line of Life

Churning waters sculpt our coast into dramatic seascapes, while jutting basalt rock indicates a shifty volcanic past.

At low tide, rocky shores in our state and federal parks are the safest places to introduce children to the mysteries of tidepool life. Dip into quiet pools or discover barnacles and mussels that brave the pounding surf on the exposed cliffs. Watch predatory sea stars dine on mussels, and anemones capture food with their soft, green tentacles. Be aware that high tide among the rocks creates a scene of wildness and unrest.

Sandy beaches intermixed with dramatic rock formations are perfect places for beachcombing, sunsets and photography. Above the beach, picnic among salal shrubs, wild strawberry, and shore pine.

It's Wet and Wild on the Oregon Coast

Experience distinctive watery ecosystems ranging from mudflats and salty bays, to creeks and rivers. Hike, paddle and bike miles of trail. Find solitude and secluded campsites. Fish for coho, steelhead, Chinook, and trout. Dig for clams and feast on crab. Explore the connections between the coastal waters and upland old-growth forests.



Photo Credit: Bob Keller

The Great North American Rainforest

A unique, lush rainforest grows down from the mountains to meet the sea because the Siuslaw National Forest and community partnerships helped regenerate new healthy woodland areas that connected patches of remaining old growth forest. Follow our forest trails to experience the secrets of some of the largest stands of spruce and hemlock found in the lower 48 states. Glimpse elk, eagles, marbled murrelets and bear.

Play it Safe: Be Prepared
Before Heading Out

Research the route's length and difficulty. Understand the predicted weather conditions. Beware of incoming tides so you don't get stranded on rocks or beaches. Learn about sunrise and sunset times. Drive cautiously on logging roads and stay out of the way of log trucks. Cyclists yield to hikers, and both yield to equestrians. If you get lost, STOP! Move to a clearing, put on bright colors, blow your whistle, and stay in one place so searchers can find you. Tell someone where you are going and when you plan to return. Always contact them when you return. For details on where to hike, ride or paddle, contact the local information center if you are unsure about what you can and can't do in a given area.

Bring these lifesaving "10 Essentials"
on every outing

1. Compass and map. Leave the electronic compass at home. No battery or satellite service means no compass
2. Flashlight and extra batteries
3. Water and food
4. Waterproof matches
5. Fire starter
6. Bright, visible layered clothing for rain protection and warmth.
7. Pocket knife
8. First aid kit
9. Whistle
10. Identification and the emergency medical information.

Bike Safety

The Bike Map shows you easy family rides suitable for small children, to adventure trails for the bike athlete. Find a picnic spot with a spectacular view of the ocean, or breeze past thick old-growth forests on a network of old logging roads.

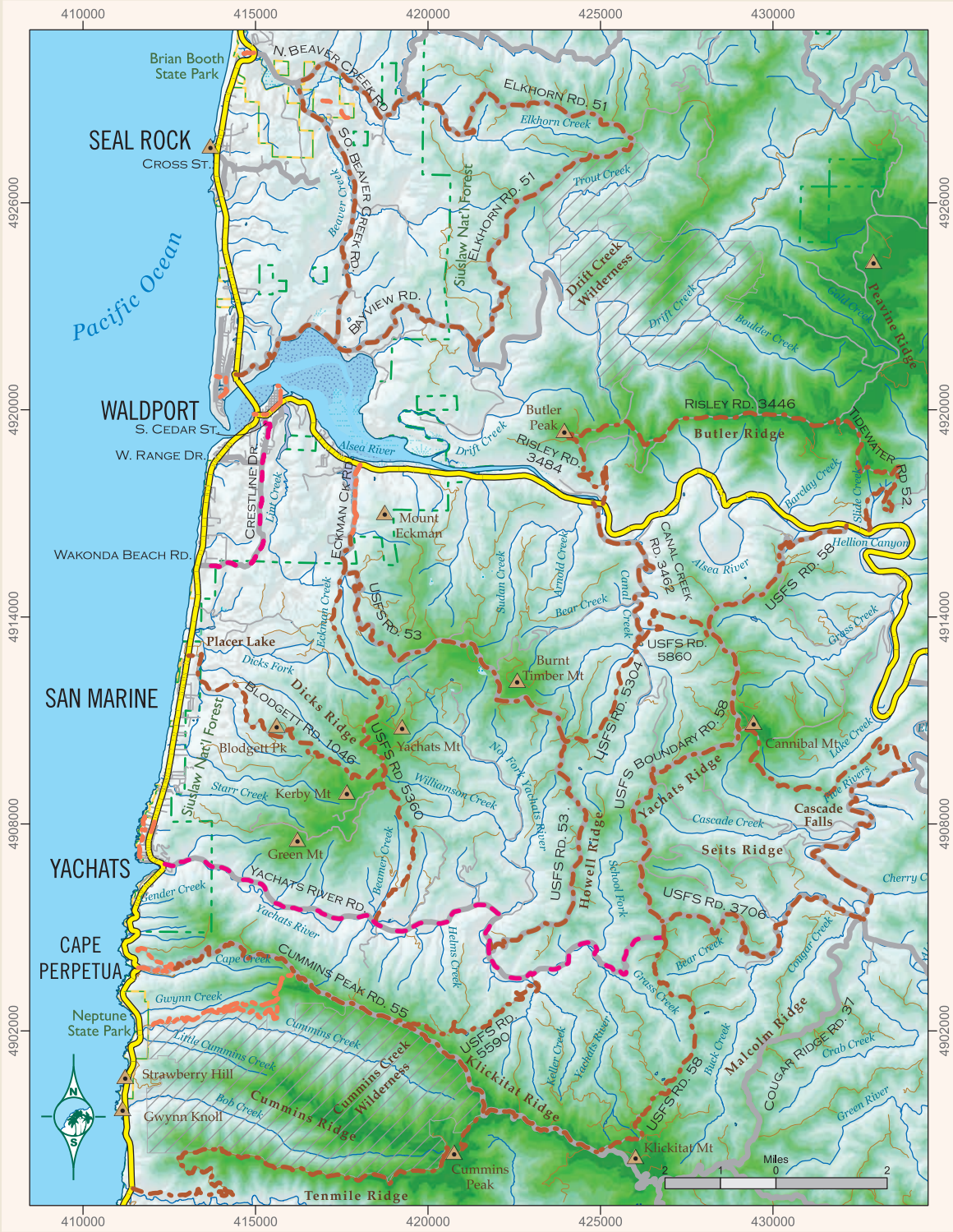
No matter your skill level, please travel Forest Service and County backcountry roads with ALERTNESS and CAUTION. Research your route before you start. Many roads are unmarked and signposts are missing. Keep track of the time. Backtrack when necessary. Always prepare for unexpected trail conditions.

Precautionary Note to Bicyclists

Numerous county and logging roads create a complex web throughout the area's forests. Pay close attention to directional posts at all intersections. Additional way finding information and guidance is encouraged in these areas.



Back Country Bike Routes



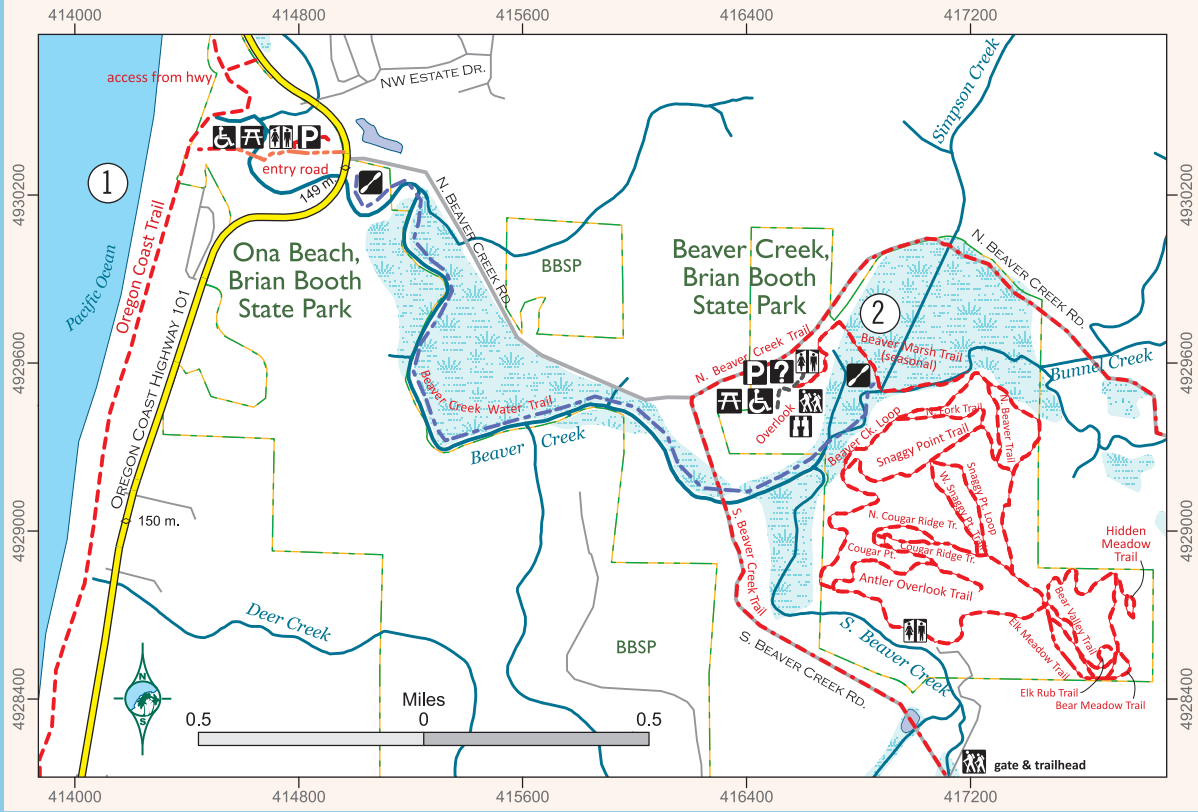
Lincoln County
Oregon

THE Ford Family
FOUNDATION

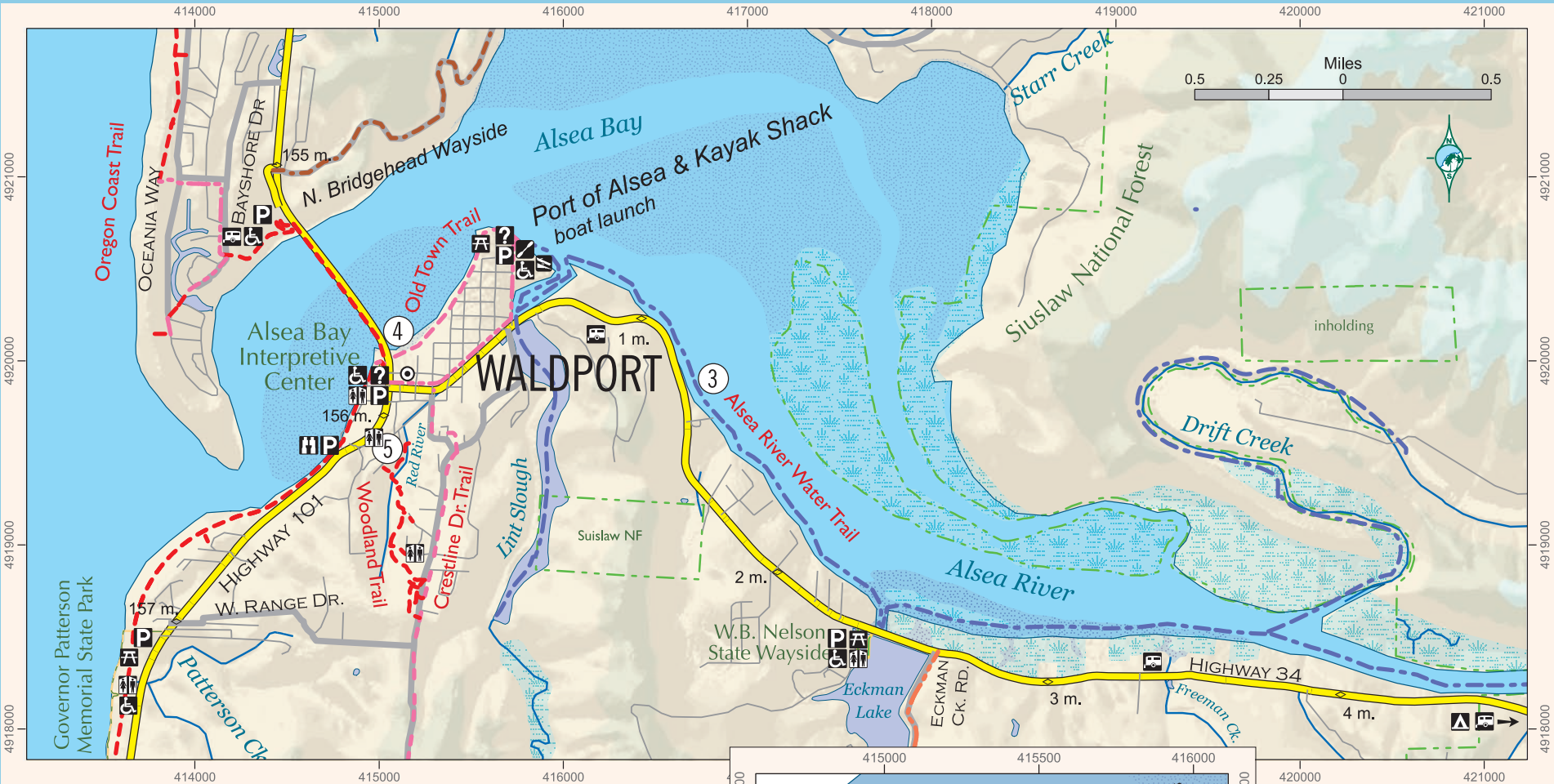
TRAVEL
OREGON

This Project is made possible by matching grants from the Oregon Tourism Commission and the Ford Family Foundation.

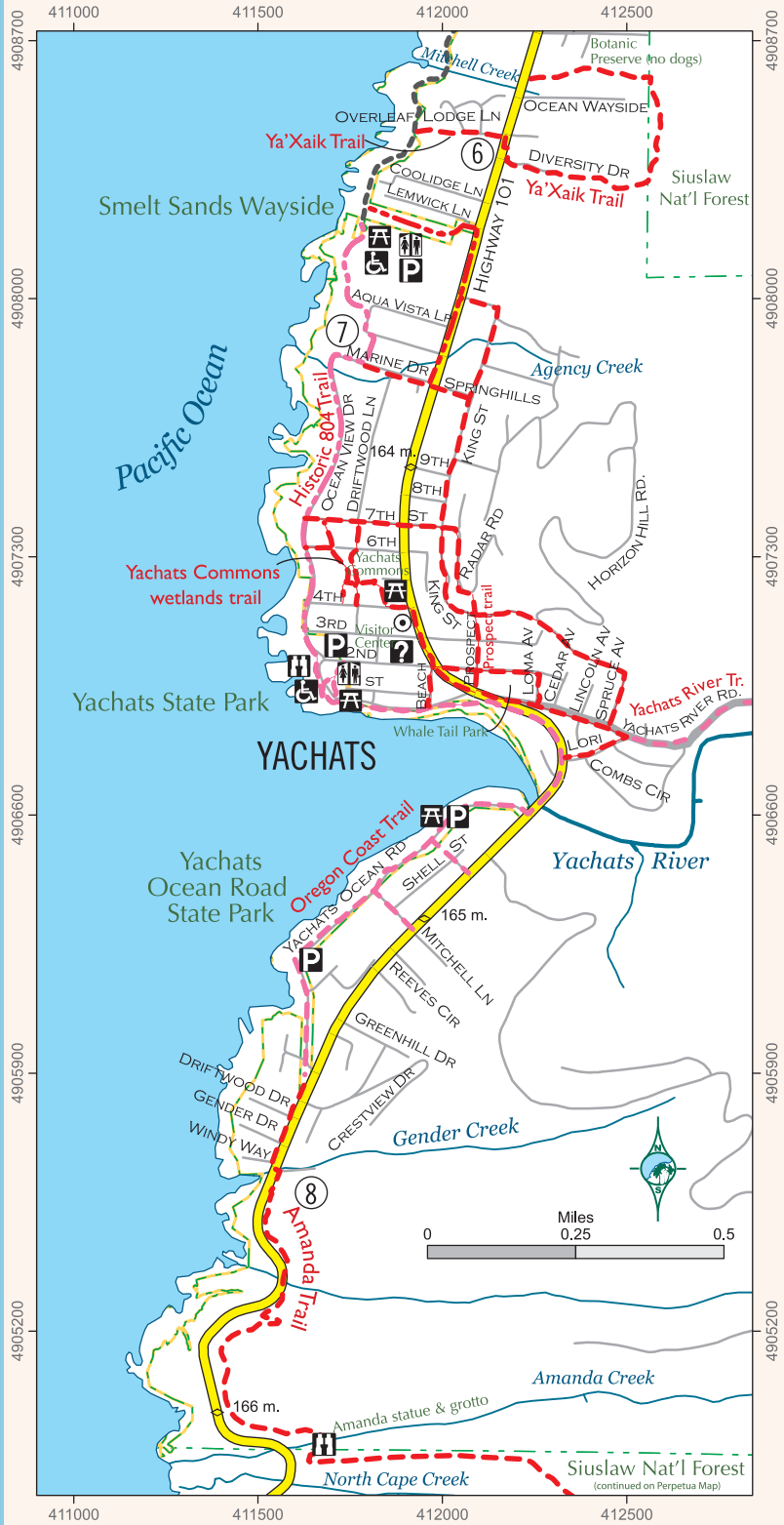
Brian Booth State Park



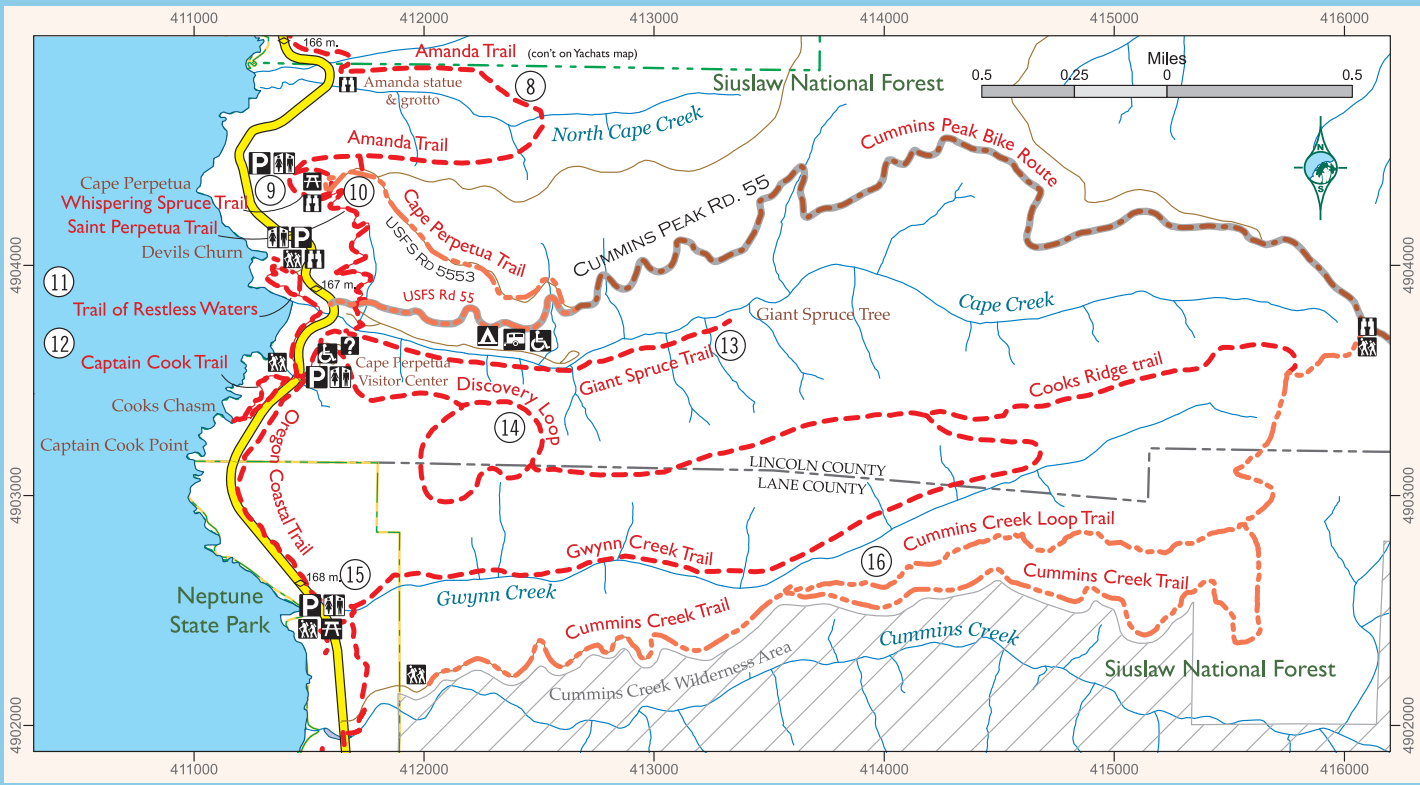
Alsea Water Trail



Yachats Area



Cape Perpetua



Central Oregon Coastal Trails Index and Trails Descriptions

1. Oregon Coast Trail

- 20-mile stretch of Lincoln County
- Easy to moderate
- Trailhead north: Ona Beach at the mouth of Beaver Creek
- Trailhead south: Cummins Creek

What you'll explore: beaches, Alsea Bay Bridge, 804 Trail segment, Yachats River, Amanda Trail segment, crest of Cape Perpetua, St. Perpetua Trail segment, Cape Perpetua Visitor Center.

2. Beaver Creek State Natural Area Trails

- 7 miles of trail
- Easy to moderate
- Trailhead: Visit the Welcome Center, 8 miles south of Newport, for trailhead locations and details, call (541) 563-6413, 12 PM – 4 PM seven days/week.

What you'll explore: Connecting trails from old-growth forests to coastal dunes, estuary and marshes. Kayak, join a tour or hike.

3. Alsea Bay Water Trail

- 10-mile stretch on Alsea River
- Easy to moderate
- Trailhead: Port of Alsea Boat Launch, Old Town Waldport

What you'll explore: Pristine estuaries along river, creek and slough waterways offering exceptional bird viewing, wildlife and marine mammals.

4. Old Town Trail

- 1.8 miles loop
- 1 hour round trip
- Easy
- Trailhead: Alsea Bay Interpretive Center

What you'll explore: beaches, Alsea Bay Bridge, 804 Trail segment, Yachats River, Amanda Trail segment, crest of Cape Perpetua, St. Perpetua Trail segment, Cape Perpetua Visitor Center.

5. Woodland Trail

- 1.3 miles one-way
- 1.3 hours round trip
- Moderate
- Trailhead: Kendall Field in Waldport

What you'll explore: old growth Douglas Fir and Sitka Spruce, huge nurse stumps, Red River, switchbacks with rope bannisters, six additional trailheads at the crest, Old Town and Upper Waldport, 5 benches for views.

6. Ya'Xaik (yäh' khik) Trail

- 1.15 mile loop
- 45 minutes
- Moderate
- Trailhead: east end of Diversity Dr. (Fisterra Garden Apartments)

What you'll explore: lush second growth forest, Gerdemann Botanical Preserve's public footpath. (No dogs in GBP)

7. 804 Trail

- 2.5 miles one-way
- 1-3/4 hours one-way
- Easy, some parts wheelchair accessible
- Trailhead: South end of Ocean View Drive and Highway 101
- Trail Ends: at ramp down to a 7 mile sandy beach

What you'll explore: town of Yachats, Smelt Sands State Park, ocean vistas, tide pools.

8. Amanda Trail

- 3.2 miles one-way
- 4 hours round trip
- Easy, north trailhead to Amanda Statue
- Difficult, statue to summit
- Trailhead: South end of Yachats Ocean Road

What you'll explore: Amanda Grotto, statue and bridge, Cape Perpetua summit at 803'.

9. Whispering Spruce (Overlook) Trail

- .25 mile loop
- 15 minutes
- Easy
- Trailhead: parking lot at the summit of Cape Perpetua

What you'll explore: Viewpoint Shelter, panoramic views of the coastline north and south.

10. Saint Perpetua Trial

- 1.3 miles one-way
- 40 minutes round trip
- Difficult: switchbacks to Cape Perpetua summit, 800 ft.
- Trailhead: Cape Perpetua Visitor Center

What you'll explore: ocean vistas, Sitka spruce forest.

11. Trail of Restless Waters

- .4 miles one-way
- 15 minutes round trip
- Easy
- Trailhead: Devil's Churn parking lot, .25 miles north of Cape Perpetua Visitor Center

What you'll explore: Devil's Churn, Pacific Coast.

12. Captain Cook Trail

- .6 miles one way
- 15 minutes round trip
- Easy
- Trailhead: Cape Perpetua Visitor Center

What you'll explore: CCC Camp, Indian shell middens, Spouting Horn, Cook's Chasm, tide pools.

13. Giant Spruce Trail

- 1 mile one-way
- 45 minutes round trip
- Easy
- Trailhead: Cape Perpetua Visitor Center

What you'll explore: Cape Creek, campground, old growth forest, 500-year-old giant spruce.

14. Discovery Loop

- 2 mile loop
- 1 hour
- Moderate
- Trailhead: Cape Perpetua Visitor Center parking lot

What you'll explore: old growth Sitka spruce stand.

15. Gwynn Creek Loop

- 7 mile loop
- 3 hours
- Moderate, from 400 ft. to 1,000
- Trailhead: Cape Perpetua Visitor Center

What you'll explore: Cook's Ridge, old growth spruce, Gwynn Creek Canyon, Oregon Coast Trail.

16. Cummins Creek Loop

- 10 mile loop
- 4 hours round trip
- Difficult: elevations to 1,000 ft.
- Trailhead: Neptune State Park

What you'll explore: old growth forests and open meadows, Cummins Basin, Oregon Coast Trail.

Map Notes: The maps are based on the Universal Transvers Mercator projection, NAD 1983, meters. Maps were designed by GeoGraphics Maps & Photos, brochure design and illustrations by Erica Fielder Studio. Data sources include USGS, U. S. Forest Service, Oregon State Parks, City of Waldport, Port of Alsea, Lincoln County, South Lincoln County Trails Committee, and Gull's Eye View.

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