

WILLAMETTE VALLEY



TRAVEL TIPS

This year-round, self-guided Mid-Willamette Valley Food Trail is designed to be explored at your own pace you can start and finish wherever you like. We encourage you to inquire at individual businesses about seasonality and hours of operation before visiting.

High season varies per business but is typically May-Oct. Seasonality of key products is listed below:

- Flowers: April-July
- Strawberries: May-June
- Blueberries: June-July
- Apples and Cider: September-October
- Pumpkins: September-October
- Wine Harvest: September-October
- Hazelnuts: October-November

The working farms along this trail provide some of the most unique and engaging experiences. We ask that you respect the invitation to enter each property and be cautious around farm animals and equipment. Children must be supervised at all times and you should be prepared to follow all site-specific rules. For your safety and comfort, be prepared with appropriate footwear, sun protection and water.

Interested in a guided farm, foodie and beverage tour? The following operators offer tours to select trail stops and can build custom itineraries:

- Best Oregon Tours | bestoregontours.com
- Oregon Traveling Tours | oregontravelingtours.com

Your experience along the Mid-Willamette Valley Food Trail should not end when you leave the area. We encourage you to bring a taste of your journey back home to share with friends and family as a reminder of the bounty available in the Mid-Willamette Valley.











Learn about our passport program at ${\bf MidWillamette Valley Food Trail.com}$ Explore other Oregon Food Trails at OregonFoodTrails.com





FAMILY FUN FOR ALL SWEET HOME TO PHILOMATH

Picnics, berries and sweet treats for the whole crew

Start your day with fresh coffee, pastries and kids' activities at the Sweet Home (49) or Lebanon Downtown (40) Farmers' Markets.

Fuel up for your day of adventure at Lebanon's Mugs Coffee House (41), where the little ones can devour fresh smoothies and grilled cheese. Two blocks down, treat the crew to a round of Strawberry Celebration Ales (or lemonades) and wood-fired pizza at **Conversion Brewing** (42).

Venture along Highway 20 to load up on more local bounty at the **Albany Farmers' Market** (12). Stroll down to **Natural Sprinkles Bakery** (11) for petite sweets topped with custom natural sprinkles. Continue your quest for sweetness down the road at **Bryant Family Farm** (14), with more than 19 varieties of U-pick blueberries.

When lunch calls, grab a tasty burger and seasonal brew at **Block** 15 Brewery and Tap Room (37), where a kids' menu and a sublime bier-bread pretzel will keep the whole family happy.

Tyee Wine Cellars and Buchanan Family Farm (45)

welcomes families for picnics, wine tastings in the parlor, and hiking trails through the hazelnut orchards, native woodlands and wetlands. Pick organic strawberries at nearby Fairfield

Then head south to Monroe and visit eco-farm and tiny farm store, **Lilliputopia** (52). Leave your stress behind by visiting No Regrets Farm and Sanctuary (50) for goat happy hour or head on over to **Bluebird Hill Farm and Cellars** (51) for a glass of award-winning wine.

Wrap up your day and load up for the trip home at **Hiatt Farm** (44) where you'll find scratch-baked sweet rolls, buttermilk biscuits and pies, outdoor seating and yard games.

A TASTER'S TOUR **CORVALLIS TO ALBANY**

Savor scenic views and liquid libations with the locals

If your visit coincides with summer, pick northern highbush blueberries at **Kiger Island Blues** (39) or enjoy apples and sweet cider in the fall. Afterward visit bike-friendly **First** Alternative Co-op (28), a Corvallis staple since 1970, to pack a picnic of local organic foods.

If it's a tasty hot-cooked meal you prefer, stop in at **The Dizzy** Hen (32) in downtown Philomath for phenomenal farm-fresh breakfast fare.

Begin your afternoon adventure west of Philomath, where **Pheasant Court Winery** (30) is known for distinctive big reds and dry whites. Neighboring Compton Family Wines (31) produces fruit-forward, earthy wines using French cooperage.

Nearby, a historic covered bridge acts as gatekeeper to Harris **Bridge Vineyard** (15) and its specialty pinot gris and pinot noir vermouths. Enjoy your next glass in the picturesque setting of Cardwell Hill Cellars (17) before heading to Lumos Wine Company (16) where organic wine is poured in a former dude ranch barn.

Linger along the hillside of Monmouth's Airlie Winery (2). owned and operated by women, with nine signature varietals to enjoy. Then visit **Emerson Vineyards** (1), a multigenerational labor of love, for happy sips and fun conversations with the

Your farm-to-table dinner is served at local favorite Frankie's **Restaurant** (5) in Albany, a fine dining experience with casual ambiance. For a nightcap and games, treat yourself to Albany's brewstillery, **Deluxe Brewing and Sinister Distilling** (6) or end the night at Spiritopia Wine and Spirits Tasting **Room** (13) for a specialty wine flight or mini cocktail.

MAKERS AND INNOVATORS PHILOMATH TO ALBANY

A farm-fresh feast through community art and history

Ease into the day and nourish your spirit with Sunday brunch at Eats & Treats Café (33) in downtown Philomath, where offerings are made from scratch and gluten free. Then it's time to peruse ceramic treasures made by a master potter at Donovan Place (29), a working Christmas-tree farm with lodging. Next, join a fun horticulture workshop at **Starker Arts** Garden for Education (SAGE) (35), which grows food for those in need

Enjoy the offerings of local makers and growers year-round at the **Corvallis Farmers' Market** (24) on the downtown riverfront or the Corvallis Indoor Winter Market (20) in the colder months. Later, enjoy craft beers on the roof of **Sky High** Brewery (23) or try the current seasonal offerings at 2 Towns Ciderhouse (22). If wine is the preferred libation, Valcan **Cellars** (27) offers in-town tasting and bottles to go.

In Corvallis' picturesque downtown, grab a bite at ${f Block}\,{f 15}$ Restaurant and Brewery (26) where seasonal menus feature fresh ingredients, passionately grown by neighboring farmers. During the school term, students at LBCC Culinary Arts open the Santiam Restaurant (19), with gourmet dishes prepared by future chefs. Fueled up, head east to Thompson's Mills State Heritage Site (43), for a free guided tour of Oregon's last water-powered mill, built in the mid-19th century.

Taste the region's flavors with an elegant dinner at **Sybaris** Bistro (8), where a new eclectic menu is adopted every month. After-dinner drinks and games await at the shared warehouse of Vivacity Fine Spirits and Calapooia Brewing (7). When it's time to end the night rest easy at **206 1/2 Historic Hotel** (10) in the heart of downtown Albany.

FLORA AND FAUNA ALSEA TO CORVALLIS

Discover nature's wonders in food and the outdoors

Begin your journey along the Marys Peak to Pacific Scenic Byway, following coastal breezes into the valley. Idyllic mornings at Alsea's **Leaping Lamb Farm Stay** (48) might include feeding lambs before breakfast. Next, visit Alsea Trout Hatchery to see steelhead spawning from November through March, or reserve a nursery luncheon tour at **The Thyme Garden** (47) April through August.

The Coast Range's highest point, Marys Peak, dazzles with wildflowers from spring through summer but year-round it offers stunning 360 views. Re-fuel on fresh produce, pastries and more from Philomath's Gathering Together Farm (34), an organic vegetable farm and favorite among locals

On your way to Albany, Peoria Road Farm Market (36) vendors await in a cheery red barn with some of the highestquality and best-priced seasonal produce around.

Continue along farmlands to Iron Water Ranch (18) to take a fiber arts class and meet sheep, including newborn lambs each spring. Horticulturalists can grab organic supplies and garden-themed gifts at Urban Ag Supply (9). Just across the Willamette River, **Springhill Cellars** (3) is an ideal stop for high-quality wines and views. Then amble over to celiac-safe Midway Farms (4) to peruse the farm stand or join a cider pressing party, winetasting, or twilight yoga.

Oregon's local ingredients take the spotlight at **Castor Kitchen** (26), featuring elevated Southern comfort food. Cap the day with craft cocktails and a panoramic view of Marys Peak at ${f 4}$ Spirits Distillery (38) where sales benefit military veterans.

The numbers adjacent to business names indicate their listing on the map.



CRAFT BEVERAGES

1 Emerson Vineyards

11665 Airlie Rd., Monmouth 503.838.0944 • emersonvineyards.com • Open daily Excellent wines, great conversations

2 Airlie Winery

15305 Dunn Forest Rd., Monmouth 503.838.6013 • airliewinery.com Open Mar-Dec | Thu-Mon Wide selection of wines, outdoor tastings, pond and picnic area, pet friendly

Springhill Cellars Winery 2920 NW Scenic Dr., Albany

541.928.1009 • springhillcellarswinery.com Open May-Dec I Fri-Sun Family-owned winery, tasting room, cheese platters, event barn, scenic overlook, views of stunning sunsets

6 Deluxe Brewing and Sinister Distilling

635 NE Water Ave., Albany 541.928.7699 • sinisterdeluxe.com • Open daily Brewery, distillery, tasting room, German-style lagers, ales, whiskey, outdoor seating, pet friendly, tours

Vivacity Fine Spirits/Calapooia Brewing Co.

140 Hill St. NE, Albany 541.928.1931 • calapooiabrewing.com • Open daily Brewery, distillery, tasting room, pub, new menu items, daily specials, new brews on tap, outdoor seating

13 Spiritopia

720 NE Granger Ave., Bldg. B, Corvallis 541.990.0337 • spiritopia.com Open Saturday | Tours by appointment Award-winning liqueurs (ginger, pomegranate, peppermint, apple), ready-to-drink cocktails, whiskeys, brandies

15 Harris Bridge Vineyard

22937 Harris Rd., Philomath 541.929.3053 • harrisbridgevineyard.com Open May-Nov | Sat-Sun Craft wine, vermouth, community minded, family friendly, picnics, music concerts

16 Lumos Wine Co.

24000 Cardwell Hill Dr., Philomath 541.929.3519 • lumoswine.com • Open Feb-Dec | Sat-Sun Award-winning wines, organic vines, historic barn, large deck, big views, family friendly, little guest cabin

T Cardwell Hill Cellars

24241 Cardwell Hill Dr., Philomath 541.929.9463 • cardwellhillwine.com • Open daily Wine that expresses the spirit of the Willamette Valley, family friendly, picturesque setting, natural beauty, relaxing retreat, live music, events

22 2 Towns Ciderhouse

33930 SE Eastgate Circle, Corvallis 541.207.3915 • 2townsciderhouse.com • Open daily Boldly crafted cider, hard seltzer, mead, wine, 21+, taproom, patio, live music, events, pet friendly

Sky High Brewing

160 NW Jackson Ave., Corvallis 541.207.3277 • skyhighbrewing.com • Open daily Burgers, craft beer, cocktails, rooftop, views, ADA accessible

27 Valcan Cellars

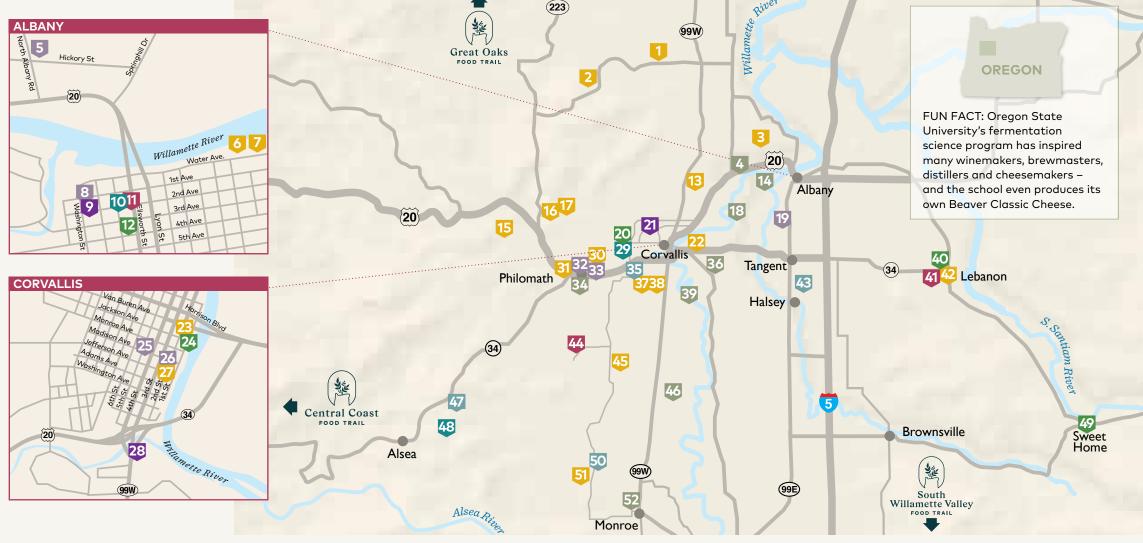
341 SW 2nd St., Suite 3, Corvallis 541.360.3194 • valcancellars.com Open June-Oct | Thu-Sat Wine tasting, handcrafted, Pinot, Syrah, White Malbec, family/minority owned, local, wine, wine store

Pheasant Court Winery

1731 Pheasant Ct., Philomath 541.929.2158 • pheasantcourtwinery.com Open May-Nov | Fri-Sun Relaxed atmosphere, pet friendly

31 Compton Family Wines

810 Applegate St., Philomath
541.929.6555 • comptonwines.com
Open Sept-May | Fri-Sun • Open June-Aug | Thu-Sun
Expressive and unique wines, husband and wife
owned and operated, comfortable atmosphere, family
friendly



37 Block 15 Brewery and Tap Room

3415 SW Deschutes St., Corvallis 541.752.2337 • block15.com • Open daily Casual dining, diverse tap list, covered patio, view of the brewery and Marys Peak, family and pet friendly

38 4 Spirits Distillery

3405 SW Deschutes St., Corvallis 541.368.3195 • 4spiritsdistillery.com • Open daily Local distillery, craft cocktails, savory meals, tasting room, patio, views of Marys Peak, family friendly

Conversion Brewing

833 S. Main St., Lebanon 541.259.2337 • conversionbrewing.com • Open daily Family-friendly craft brew pub, wood-fired pizza, live music, patio

Tyee Wine Cellars and Buchanan Family Farm

26335 Greenberry Rd., Corvallis 541.241.8933 • tyeewine.com • Open Apr-Dec I Fri-Sun Certified century farm, hiking trails, picnicking, tasting room

51 Bluebird Hill Farm and Cellars

25059 Larson Rd., Monroe 541.424.2478 • bluebirdhillcellars.wine Open Nov-Apr | Sat-Sun • Open May-Oct | Fri-Sun Beautiful valley views and award-winning wines, picnics welcome, ADA accessible

FARMS & RANCHES

4 Midway Farms

6980 NW Hwy 20, Albany 541.740.6141 • midwayfarmsoregon.com • Open daily Celiac-safe farm, produce, gluten-free baked goods, ferments, jam, soap, family friendly

14 Bryant Family Farm

35923 Bryant Ďrive SW, Albany 541.704.0677 • bffberries.weebly.com • Open Thu-Tue Blueberry farm, U-pick, frozen blueberries, family friendly, picnic area, summer fun, healthy eating

18 Iron Water Ranch

35179 Riverside Dr. SW, Albany 541.979.5180 • ironwater.com Open by appointment or event Sheep, fiber arts, farm tours, classes, handspinning, educational, family friendly, wool, lamb snuggles

34 Gathering Together Farm

25159 Grange Hall Rd., Philomath
541.929.4270 • gatheringtogetherfarm.com
Farm stand open Mar-Nov | Tue-Sat
Dinner by reservation only Mar-Nov | Thu-Sat
Farm stand, farm-to-table restaurant, organic
produce, breads and pastries, farm tours,
family friendly

36 Peoria Road Farm Market

33269 Peoria Rd. SE, Corvallis 541.207.3327 • Open daily Apr-Oct High-quality farm-fresh seasonal produce, family friendly, open spaces, u-cut flowers, food preservation

39 Kiger Island Blues

2322 SE Kiger Island Rd., Corvallis 541.752.0787 • kigerislandblues.com Open daily June-Oct Super easy U-pick, family friendly and kid safe, excellent quality and abundant fruit

46 Fairfield Farm

29204 Lakeside Dr., Corvallis 707.601.9195 • Open June-Oct | call or text for hours *Organic U-pick strawberry farm*

52 Lilliputopia

301 N. 10th St., Monroe 619.985.4607 • lilliputopia.com Open Apr-Oct | Fri-Sun *Call ahead for hours Dry-land farming, permaculture, sustainable agriculture, fresh produce, handmade gifts, farm stand

LODGING

10 206 1/2 Historic Hotel

206 ½ Second Ave. SW, Albany 503.881.6568 • 206andahalf.com • Open daily Boutique hotel, historic downtown experience, cozy beds, claw-foot tubs, community spaces

29 Donovan Place

5720 SW Donovan Pl., Corvallis 541.829.1981 • donovanplace.com • Open daily Quiet farm setting, Christmas tree farm, pottery studio, family and pet friendly

48 Leaping Lamb Farm and Farm Stay

20368 Honey Grove Rd., Alsea 541.487.4966 • leapinglambfarm.com • Open daily Farm stay, working farm, sheep, goats, chickens, seasonal produce, tours, hiking trails, family friendly

EATERIES

5 Frankie's

641 Hickory St. NW, Ste. 160, Albany 541.248.3671 • frankies-oregon.com • Open daily American-style cuisine, breakfast, cocktails, family friendly, patio

8 Sybaris Bistro

442 W. First Ave., Albany 541.928.8157 • sybarisbistro.com • Open Tue-Sat Farm-to-table, local food, upscale Northwest bistro, specialty dinners, special occasions, date night

19 LBCC – Culinary Arts Santiam Restaurant 6500 Pacific Blvd. SW, Albany

541.917.4392 • facebook.com/linnbentonculinaryarts Open Oct-May I Mon-Thu Local, made-from-scratch cooking, chefs-in-training, family friendly, affordable

25 Castor Kitchen and Bar

458 SW Madison Ave., Corvallis 541.231.3322 • castorcorvallis.com • Open Tue-Sat Seasonal ingredients, Southern influence, French technique, thoughtfully curated wine list, craft cocktails

Block 15 Restaurant and Brewery

300 SW Jefferson Ave., Corvallis 541.758.2077 • block15.com • Open daily Full menu of locally-sourced pub food, diverse tap list, craft sodas, full bar, local wines, family friendly

32 The Dizzy Hen

1247 Main St., Philomath 541.307.0472 • thedizzyhen.com • Open Wed-Sun Breakfast, pastries and coffee, dinners

33 Eats and Treats Café

1644 Main St., Philomath 541.307.0225 • eats-treats.com • Open Tue-Sun BBQ, dedicated gluten free, bakery, homemade, Sunday brunch, amazing chocolate chip cookies, family friendly

BAKERIES & CAFES

11 Natural Sprinkles Co. Bakery

202 2nd Ave. SW, Albany 541.704.0445 • naturalsprinklesco.com • Open Mon-Sat Farm-to-table bakery, homemade natural sprinkles, scones, breads, cupcakes, seasonal specials

41 Mugs Coffee House

550 S. Main St., Lebanon 541.497.7245 • mugslebanon.com • Open Mon-Sat Specialty coffee, loose leaf teas, breakfast sandwiches, lunch options, gluten-free options, study space

44 Hiatt Farm

30699 Peterson Rd., Corvallis 541.609.8201 • hiattfarm.com • Open Apr-Dec | Fri-Sun Bakery, breakfast, pies, eggs, patio, family friendly, bicycle friendly, U-pick, ADA accessible

FARMERS MARKETS

12 Albany Farmers' Market

SW Ellsworth St. and SW Fourth Ave., Albany 541.740.1542 • locallygrown.org • Open Apr-Nov | Saturday Local growers, organic, produce, meats, poultry, plants, flowers, music, educational events

Corvallis Indoor Winter Market

110 SW 53rd St., Corvallis 541.740.0214 • corvalliswintermarket.wordpress.com Open Jan-Apr | Saturday Local growers, organic, produce, meats, poultry, plants, flowers, artisan products, music, educational events

Corvallis Farmers' Market

NW First St. and NW Jackson Ave., Corvallis 541.740.1542 • locallygrown.org Open Apr-Nov | Wed and Sat Local growers, organic, produce, meats, poultry, plants, flowers, music, educational events

40 Lebanon Downtown Farmers' Market

Corner of Main St. and Grant St., Lebanon 541.418.2603 • lebanondowntownfarmersmarket.org Open May-Oct | Thursday Farmers market, local fresh produce

49 Sweet Home Farmers' Market

1141 12th Ave., Sweet Home 541.418.2603 • sweethomefarmersmarket.org Open June-Sept | Tuesday Farmers market, local fresh produce

ARTISAN PRODUCTS

9 Urban Ag Supply

456 Second Ave. SW, Albany 541.497.2988 • urbanagsupply.com • Open daily Garden, farm and agriculture growing supplies, organic, houseplants, sustainable, natural, urban agriculture, gifts by local artisans

21 First Alternative Co-op - North Store

2855 NW Grant Ave., Corvallis 541.753.3115 •firstalt.coop • Open daily Community-owned co-op, locally-focused produce and groceries, deli, bike and family friendly

First Alternative Co-op – South Store 1007 SE Third St., Corvallis

541.452.3115 • firstalt.coop • Open daily Community-owned co-op, locally-focused produce and groceries, deli, bike and family friendly

EXPERIENCES

35 Corvallis Environmental Center, Starker Arts Garden for Education (SAGE)

4485 SW Country Club Dr., Corvallis
541.753.9211 • corvallisenvironmentalcenter.org
Open Apr-Oct | Tuesday
Tours and classes available year-round by appointment
Non-profit, educational, family friendly, summer

Thompson's Mills | State Heritage Site

32655 Boston Mill Dr., Shedd 541.491.3611 • oregonstateparks.org • Open daily Oregon trail pioneer heritage, family friendly, free, partial wheelchair access, walking trail

The Thyme Garden 20546 Alsea Hwy, Alsea

camps, tours

541.487.8671 • thymegarden.com Call ahead for current hours Botanical herb garden, hiking trails, tours, luncheons, craft shop, wellness, events, family friendly, picnics

50 No Regrets Farm & Sanctuary

26641 Bellfountain Rd., Monroe 888.992.GOAT (4628) • headquarters.goatyoga.net Open by appointment only Goat Happy Hour farm experience, family friendly, outdoors